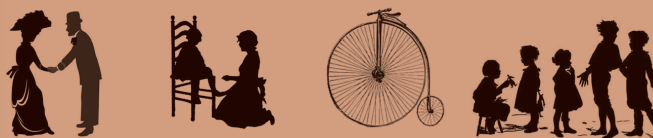


COMMUNITY CALENDAR



FOR THE COMPLETE CALENDAR
PLEASE VISIT OUR WEBSITE:
www.theleaderonline.com

BAYVILLE

Bayville Free Library

34 School Street

516-628-2765

November 16th - 7:00 PM

Secrets to Designing Your Lifestyle
Session #3: How to Prevent Colds & Flu
this Winter

Are you getting sick more than you would like? The winter season is known for catching the common colds and many turn to get the flu shot. You can use food as your natural flu shot to bolster your resistance to illness with nutritious foods.

In this workshop you will learn what foods are best to bolster your immune system that will give you the confidence to navigate through the season plus relieve anxiety and stress about getting sick.

In this workshop you will discover:

1. The role the immune system plays in getting sick and how to bolster your immune system to avoid getting sick
2. Ancient tried and true foods to build your resistance and give your body the tools to fight off the common cold
3. The role the gut and digestion plays in getting sick. And much, much more!

GLEN COVE

Glen Cove Library

4 Glen Cove Ave

516-676-2130

Friday November 17th - 10:00 AM - 2:00 PM St. Francis Hospital's Mobile Outreach: Free Health Screenings. Nurses offer free health screenings for individuals over eighteen including blood pressure testing, a test for cholesterol and diabetes screening. Nurses will also provide education and referral information. The Mobile Outreach Bus will be in the Library's parking lot.

Sunday November 19th - 2:00 PM More of Loesser: A Tribute to Frank Loesser

Dynamic singer and song stylist Diane Hoffman pays tribute to musician Frank Loesser, presenting a unique and entertaining sampling of his work. Selections include Can't Get Out of This Mood, If I Were a Bell, I Hear Music, On a Slow Boat to China and more. Location: Community Room

Monday November 20th - 2:00 PM - 5:00 PM History Room Open Contact: Carol Stern/Librarian (516) 676-2130 longislandhistory@glencovelibrary.org Location: History Room

LOCUST VALLEY

Locust Valley Library

170 Buckram Rd

516-671-1837

Wednesday November 15th

5:15 PM - 6:15 PM

Teen Tutoring

Earn community service credit while helping young children sharpen their reading skills. Community Service credit awarded. CONTACT: [leslie.armstrong](mailto:leslie.armstrong@glencovelibrary.org) 671-1837

LOCATION: MNA Community Room

Friday November 17th - 10:30 AM - 11:15 AM

Sign with Baby

Birth - 24 months

Give your little one the gift of communication! Little ones who sign have less frustration and learn to speak sooner than those who don't.

Come and learn some basic signs, sing and play in this fun and interactive class for beginners!

Registration online!

LOCATION: MNA Community Room

There are 10 spaces available.

Nov. 17th - 3:30 PM - 4:45 PM

Girl Scout Meeting

The Girl Scouts will meet today.

LOCATION: MNA Community Room

Saturday November 18th - 9:30 AM - 10:30 AM

Dancercise with Carol

Come dance yourself into shape with Carol. Exercise and lose inches while having fun. No dance experience needed. This class is designed for everyone. Participants of any fitness level, any background, or any age can start to Dancercise. No special attire needed, just wear sneakers and bring a bottle of water. Be prepared to have a happy time! Registration and fee required. 10 sessions, \$50.00. Fee is payable at the Main Desk. Class Dates: Nov. 18, 25

Dec. 2, 9, 16, 23 LOCATION: MNA Community Room - There are many spaces available.

Sunday November 19th - 4:00 PM - 6:00 PM

Brick Courtyard Ribbon-Cutting and Reception

Please join us as we celebrate our new brick courtyard at the Children's Entrance with a ribbon-cutting ceremony and a wine and cheese reception to follow in the MNA Community Room. Let's thank the donors who contributed to the brick campaign and made this improvement possible!

Registration is requested - see link below.

LOCATION: MNA Community Room

Monday November 20th - 9:30 AM - 10:30 AM

Gentle Yoga - Monday AM

Come join yoga with Morgan Rose. 10 sessions, \$35.

Registration and fee are required. Registration is open for Locust Valley residents. Non-resident registration begins Nov. 6th. Fee is due prior to the first class.

Class Dates: Nov. 20, 27, Dec. 4, 11, 18

Jan. 8, 22, 29, Feb. 5, 12

LOCATION: MNA Community Room

There are 28 spaces available.

OYSTER BAY

Planting Fields

1395 Planting Fields Rd

516-922-8678

DECK THE HALLS GALA

December 2nd - 6:30 PM - 10:30 PM

Join us for cocktails, hors d'oeuvres, dinner, dancing and silent auction will be part of this annual special evening, catered by Sterling Affair, to kick off and celebrate the holidays at Planting Fields. For details,

reservations, and sponsorship opportunities, contact Jennifer for tickets and information. The Main Greenhouse will have a Holiday Pointsettia & Cyclamen Display during the month of December. You can see this holiday display daily from 10:00 AM - 4:00 PM and it is free with admission. The Park is closed on Christmas Day. For specific questions about the display, please contact the Park Office (516) 922-8600

Sagamore Hill National Historic Site, home of Theodore Roosevelt is open Wednesday-Sunday. Operating hours for the Visitor Center & Bookstore, Old Orchard Museum, and the Roosevelt Home are 9AM - 5PM. The grounds and nature trail at Sagamore Hill are open 7 days a week year round from sunrise to sunset.

Entering Theodore Roosevelt's Home is by guided tour only. Tours are offered from 10:00 AM to 4:00 PM at a cost of \$10 for adults; those 15 and under are free. Tickets are sold on a first-come-first-served when the Visitor Center is open beginning at 9:00 AM. Each tour is limited to fourteen persons and lasts approximately 45 minutes. Online tickets can be purchased up to six months in advance on Recreation.gov, or by calling 1-877-444-6777. Weekends and especially holiday weekends are very busy, so please plan to visit earlier in the day to secure your tour tickets.

Saturday, November 18th - Nature Walk: Beach and Salt Marsh Hike at 1:00PM

Saturday, December 2nd - Christmas with the Roosevelts at 11:00 AM

Join us on Saturday, December 2nd at Sagamore Hill National Historic Site for the annual "Christmas with the Roosevelts" holiday event. Seasonal music will be performed by the musical group Rose Tree and carolers will be on site to bring holiday cheer. Activities will include arts and crafts for children and complimentary hot cocoa and cider provided by the Friends of Sagamore Hill.

The event will feature decorating holiday cookies with the What's Cooking? Culinary School of Oyster Bay from 11AM-1PM as well as a holiday edition of "In the Kitchen with the Roosevelts", a fun, hands-on program where children will be invited into the kitchen of the Roosevelt home to compare historic kitchen gadgets with contemporary ones. The program is free of charge and suitable for children ages 6-12. There will be four sessions of the program at 10:30 AM, 11:00 AM, 11:30 AM and 12:00 PM. Space is limited to 15 children per session, so reservations are required. Please reserve at Eventbrite or contact a park staff person for assistance. Parents will not be able to accompany children inside the Roosevelt kitchen due to space. Each child attending the kitchen program must be registered. Limited quantities of cookies to decorate may be available to children not registered for In the Kitchen with the Roosevelts".

MUTTONTOWN

Hoffman Center Nature Preserve & Wildlife Sanctuary 6000 Northern Boulevard - Between Route 106 & 107

\$5.00 Admission for one hour between 1:00 - 2:00 PM. Enjoy a guided nature walk on our trails, November 18th. Rather than becoming a 57-home subdivision, our 155-acre site is home to more than 149 resident and migratory birds, 49 species of butterflies and 150 native plant species. Meet guide at site entrance at 12:50 PM. Gate locked when tour begins. No pets, no children under 10 years of age, or organized groups permitted. Weather permitting - call 516-922-3290 day before to confirm.

SEA CLIFF

Church of Our Lady of Kazan Christmas Bazaar

Come to the Christmas bazaar in the parish hall of the Church of Our Lady of Kazan Saturday, December 2nd from noon to 4 PM! You'll be able to buy delicious home-made borscht and pelmeni with sour cream, and you can round out your meal with a wonderful choice of home-made desserts.

And it's not too early to start thinking of holiday presents for everyone on your list—we have jewelry, Russian nesting dolls, lacquer boxes, and many other gift items.

You can also view the church, which was founded in 1942 by Russian emigres and was recently placed on the National Register of Historic Places.

The church is located at 2 Willow Shore Avenue, off Littleworth Lane, in Sea Cliff. The bazaar information line is 516-468-1579. Come and enjoy!

ROSLYN

Nassau Museum of Art

One Museum Drive

516-484-9338

Get ready to be amazed by an exhibition filled with optical illusions and artistic sleight of hand! To separate what's real from what is a clever ruse in Fool The Eye, takes an alert eye and the willingness to examine art carefully. Enjoy the visual journey. Take a few steps to the right and observe, draw your conclusions about what you think you see. Then, a few steps to the left reveals a whole new image. The guesses multiply. Is it a flat surface or a sculpture? Is it a photograph or a painting? Is it made of wood or bronze, rubber or steel? Is it real or faux? Expect the unexpected through moments of fascination, intrigue, shock, and astonishment.

This exhibition includes examples of traditional trompe l'oeil (meticulously painted, hyper-real images) and a wide range of other approaches to illusion. See larger-than-life oversized objects, hypnotic geometric abstractions, sculptures made of unexpected materials, images with mind-bending impossibilities and fine art so seemingly realistic, they are (nearly) indistinguishable from real things. The magic will provoke debates in every gallery about reality and deception.